



HOPE IN ACTION

Community Resource Guide

Created: October 2014

TABLE OF CONTENTS

Where Do I Get . . . ?	3
Phone, Fax, Computer, Internet Use	3
Food / Shelter	5
Housing	6
Furniture / Household Items.....	6
Employment Assistance Services.....	7
Job Recruitment and Placement Agencies.....	8
Employment Skills Training / Volunteer Opportunities.....	10
Essential Skills & Literacy	10
Education (High School, Academic Upgrading).....	11
Education (Post-Secondary, Technical Training, Continuing Education, Trades)	12
English as an Additional Language	12
Financial Services, Starting a Business.....	12
Individual & Family Counselling.....	13
Addictions Counselling.....	14
Family Support	14
Social Support, Peer Support	15
Crisis Support	15
Health and Wellness	16
Personal Care	16
Tattoo Removal.....	17
Advocacy	17
Legal Assistance	17
Parole, Probation & Pardon Services.....	18

WHERE DO I GET . . . ?

Birth Certificate

Vital Statistics Agency
254 Portage Avenue
(204) 945-3701

Child Abuse Registry Check

Child Protection
1st Floor, 777 Portage Avenue
(204) 945-6967

Criminal Record Check

Public Safety Building
151 Princess Street
(204) 986-6073

Driver's Licence / Government Identification Card

Manitoba Public Insurance (MPI)
(204) 985-7000
** Visit any Autopac agent or Manitoba Public Insurance Service Centre*

Citizens' Bridge
204-765 Main Street
(204) 586-9853

Employment and Income Assistance (EIA)

(204) 948-4000 (in Winnipeg)
(877) 812-0014 (toll free outside Winnipeg)
(204) 945-4796 (TTY in Winnipeg)
(800) 855-0511 (TTY outside Winnipeg)
<http://www.gov.mb.ca/jec/eia/apply.html>

To find out where the EIA office that you need to go to is located:
<http://www.gov.mb.ca/fs/misc/loc/winnipeg.html>

Manitoba Health Card/Number

Manitoba Health
300 Carlton Street
(204) 786-7101

Metis Card

Manitoba Metis Federation
300-150 Henry Avenue
(204) 586-8474

Record Suspension (Pardon)

Parole Board of Canada
410 Laurier Avenue West, Ottawa, ON
(800) 874-2652

Parole Board of Canada Prairies Regional Office (Saskatchewan and Manitoba)
101-22 Street East, 6th Floor, Saskatoon, SK
(306) 975-4228

Social Insurance Number (S.I.N. Card)

** Any Service Canada location*
122-393 Portage Avenue (*Portage Place Mall*)
100-614 des Meurons Street (*St. Boniface*)
2599 Main Street (*Winnipeg North*)
1001 St. Mary's Road (*St. Vital*)
140-3393 Portage Avenue (*Winnipeg Southwest*)

Status Card

Aboriginal Affairs and Northern Development Canada
365 Hargrave Street, Room 200
(800) 567-9604

PHONE, FAX, COMPUTER, INTERNET USE

Broadway Neighborhood Centre

185 Young Street
(204) 772-9253

Calvary Temple

400 Hargrave Street
(204) 943-4551



Daniel McIntyre/St. Matthews Community Association

823 Ellice Avenue
(204) 774-7005

Eagle Urban Transition Centre

200-275 Portage Avenue
(204) 954-3050

Indian & Metis Friendship Centre of Winnipeg

45 Robinson Street
(204) 586-8441

Klinic Community Health Centre

870 Portage Avenue
(204) 784-4090

Knox United Church

400 Edmonton Street
(204) 942-4579

Ma Mawi Wi Chi Itata Centre

443 Spence Street
(204) 925-0348

MERC (Magnus Eliason Recreation Centre)

430 Langside Street
(204) 783-5000

Nine Circles Community Health Centre

705 Broadway Avenue
(204) 940-6000

North End Family Centre

1322 Main Street
(204) 582-7927

North End Women's Resource Centre

394 Selkirk Avenue
(204) 589-7347

North Point Douglas Women's Centre

221 Austin Street N
(204) 947-0321

**Some services for men also*

One88

188 Princess Street
(204) 504-8118

Pregnancy and Family Support Services

555 Spence Street
(204) 775-9934

Service Canada – Winnipeg Centre

122-393 Portage Avenue, Unit 122
Portage Place Mall, Ground Floor

Spence Neighborhood Association

615 Ellice Avenue
(204) 783-5000

St. Matthews Maryland Community Ministry

641 St Matthews Avenue
(204) 774-3957

West Broadway Community Ministry

102-222 Furby Street
(204) 774-2773

West Central Women's Resource Centre

640 Ellice Avenue
(204) 774-8975

West End Commons

641 St. Matthews Avenue
(204) 774-1846

Wii Chiiwaakanak Learning Centre

University of Winnipeg
509-511 Ellice Avenue
(204) 789-1454

Winnipeg Public Libraries

** Various Locations (see link below)*

<http://wpl.city.winnipeg.mb.ca/library/contact/branches/branches.asp>

Wolseley Family Place

691 Wolseley
(204) 788-8052



FOOD / SHELTER

Agape Table

175 Colony Street
(204) 783-6369

Andrews Street Family Centre

220 Andrews Street
(204) 589-1721

Flora House

739 Flora Avenue
(204) 586-5494

Ikwe Widdjiitiwin

(800) 362-3344

Inner City Women's Ministries International Inc.

270 Center Avenue (Blumenort, MB)
(204) 783-3215

Lighthouse Mission

669 Main Street
(204) 943-9669

Main Street Project

75 Martha Street
(204) 982-8245

Manitoba Association of Women's Shelters

(204) 430-4346

** Various shelter locations throughout
Manitoba (see link below)*

http://www.maws.mb.ca/where_can_i_go.htm

Men's Resource Centre

115 Pulford Street
(204) 415-6797

Missionaries of Charity

167 Aikins Street
(204) 582-2773

One88

188 Princess Street
(204) 504-8118

Osborne House

(204) 942-7373
** Women and children only*

Pregnancy and Family Support Services

555 Spence Street
(204) 775-9934

Siloam Mission

300 Princess Street
(204) 956-4344

Spence Neighbourhood Association

430 Langside Street
(204) 783-0292

St. Matthew's Maryland Community Ministry

641 St. Matthew's Avenue
(204) 774-3957

The Salvation Army Booth Centre

180 Henry Avenue
(204) 946-9400

The Urban (Lutheran Urban Ministry)

560 Arlington Street
(204) 774-3143

Union Gospel Mission

320 Princess Street
(204) 943-9904

West Broadway Community Ministry

102-222 Furby Street
(204) 774-2773

West Central Community Cupboard

Lower Level, 583 Ellice Avenue
(204) 783-3173

West Central Women's Resource Centre

640 Ellice Avenue
(204) 774-8975



Winnipeg FoodShare Co-op
1095 Winnipeg Avenue
(204) 414-2667

Wolseley Family Place
Lower Level, 691 Wolseley Avenue
(204) 788-8052

Winnipeg Harvest
1085 Winnipeg Avenue
(204) 982-3660

HOUSING

Forward House Ministries
407 Chalmers Avenue
(204) 661-8605

S.A.M. Management Inc.
425 Elgin Avenue
(204) 942-0991

Housing Opportunity Partnership
(204) 772-2100

Spence Neighborhood Association
615 Ellice Avenue
(204) 783-2758

Kinew Housing Corporation
201-424 Logan Avenue
(204) 956-5093

West Central Women's Resource Centre
640 Ellice Avenue
(204) 774-8975

Manitoba Housing
(204) 945-4663
** Various Office Locations*
2nd Floor, 352 Donald Street (General Inquiries)

Winnipeg Housing Rehabilitation Corporation
104-60 Frances Street
(204) 949-2880

Residential Tenancies Branch (Government of
Manitoba)
302-254 Edmonton Street
(204) 945-2476
** Tenant rights, resolving landlord-tenant
disputes*

Winnipeg Rental Network
509 Selkirk Avenue
(204) 417-2110

FURNITURE / HOUSEHOLD ITEMS

Centre Flavie-Laurent Centre Inc.
450 Provencher Boulevard
(204) 231-9513

MCC Furniture Thrift Store
18 Keewatin Street
(204) 694-3669

Hands of Hope
50 Barnes Street
(204) 261-8607

EMPLOYMENT ASSISTANCE SERVICES

233-ALLO Centre D'Information

106-147 Provencher Blvd.
(204) 233-2556

Canadian National Institute for the Blind

1080 Portage Avenue
(204) 774-5421

Centre for Aboriginal Human Resource Development Inc. (CAHRD)

304-181 Higgins Avenue
(204) 989-7110

Connect Employment Services

188 Goulet Street
(204) 474-1959

Eagle's Nest Program (Eagle Urban Transition Centre)

601 Aikens Street
(204) 954-3075

Education & Employment Preparation Services

368 Edmonton Street
(204) 477-9411

Elmwood Community Resource Centre - Elmwood Youth Employment Experience

200 Levis Street
(204) 982-1720 ext. 207

Epic Opportunities

1644 Dublin Avenue
(204) 953-3510

Equal Opportunities West

851 Cavalier Drive
(204) 888-5422

Family Services Employee Assistance Program (FSEAP)

Family Dynamics
401-393 Portage Avenue
(204) 947-1401 / (204) 947-1677

First Steps to Employment

641 St. Matthews Avenue
(204) 774-3957

ImagineAbility

500 Madison Street
(204) 956-9700

Immigrant Centre

100 Adelaide Street
(204) 943-9158

Job Action Centre

608-428 Portage Avenue
(204) 988-6820

Learning Disabilities Association of Manitoba

617 Erin Street
(204) 774-1821

Opportunities for Employment

300-294 Portage Avenue
(204) 925-3490

Osborne Village Resource Centre

Unit 1-107 Osborne Street
(204) 989-6503

PATH Employability Centre

627 Selkirk Avenue
(204) 927-2300

Premier Choix

200-614 Des Meurons Street
(204) 237-9788

Premier Personnel

202-414 Graham Avenue
(204) 949-1474

Prendre sa Carrière en Main

570 Des Meurons Street
(204) 233-1735



Reaching E-Quality Employment Services
305-1200 Portage Avenue
(204) 832-7337

Sair Training and Employment Placement Services (Steps)
201 Scott Street
(204) 474-2303

Sara Riel Inc.
66 Moore Avenue
(204) 237-9263

SCE LifeWorks
227-530 Century Street
(204) 775-9402

Skills Bank (Spence Neighbourhood Association)
615 Ellice Avenue
(204) 783-2758

SMD Employment Preparation Centre
825 Sherbrook Street
(204) 975-3124

Social Skills Re-entry Program
201-583 Ellice Avenue
(204) 774-1749

Spence Neighbourhood Association – First Jobs 4 Youth
2nd Floor, 430 Langside Street
(204) 783-0290

Success Skills Centre
12th Floor, 330 Portage Avenue
(204) 975-5111

Taking Charge! *Women and Single Parents
276 Colony Street
(204) 925-1100

The Immigration Centre Manitoba
100 Adelaide Street
(204) 943-9158

Trailblazer Life Choices Inc.
Support Advocacy Guidance Employment (SAGE) Program
Supported Work Environment and Participant Training (SWEPT) Program
8-1031 Autumnwood Drive
(204) 257-0813

Trailblazer Life Choices Inc.
Training for Life in the Community (TLC) Program
10-1325 Markham Road
(204) 258-5800

Winnipeg Boys and Girls Club - Personalized Employment Preparation
929 Main Street
(204) 982-4948

Winnipeg Transition Centre
1836 Main Street
(204) 338-3899

Work and Social Opportunities Inc. (WASO)
428-167 Lombard Avenue
(204) 667-9494

Youth Employment Services (YES)
614-294 Portage Avenue
(204) 987-8661

JOB RECRUITMENT AND PLACEMENT AGENCIES

Aactive Personnel Services Ltd.
125 Adelaide Street
(204) 982-4600
<http://www.aactivepersonnel.com>

Adecco Winnipeg Virtual Recruitment Centre
228 Notre Dame Avenue, Main Floor
(204) 956-5454
www.adecco.ca



AMIK Management & Executive Search

183 River Avenue
(204) 336-0554
www.amik.ca

Chris Good and Associates

Summit Search Group
18th Floor, 201 Portage Avenue
(204) 957-5500
www.summitsearchgroup.com

David Aplin Group

600-1 Lombard Place
(204) 235-0000
www.aplin.com

Drake International

221 Portage Avenue
(204) 947-0077
ca.drakeintl.com

Ez Workforce

804 Sargent Avenue
(204) 786-6370

Houston Recruiting Services Ltd.

100-28 Queen Elizabeth Way
(204) 947-6751
www.houstongrp.com

Labor Ready

1400B-305 McPhillips Street: (204) 775-9675
28 Queen Elizabeth Way: (204) 989-7590
www.laborready.com

Legacy Bowes Group

1400-275 Portage Avenue
(204) 947-5525
www.legacybowes.com

Manpower

Unit 105-400 St. Mary Avenue
(204) 949-7800
www.manpower.ca

NASCO Staffing Solutions

300 Portage Avenue
(204) 926-5698
www.nasco.ca

People First HR Services

1800-360 Main Street
(204) 813-1052
www.peoplefirsthr.com

Perfect Placement Systems

Suite A-328 King Street
(204) 989-5820
www.perfect-placement.ca

Pinnacle Staffing

2nd Floor, 394 Graham Avenue
(204) 943-8649
www.pinnaclestaffing.ca

Smith Personnel Ltd.

285 Garry Street
(204) 947-1261
www.smithpersonnel.ca

Spherion / Randstad

245 Portage Avenue
(204) 943-5211
www.spherion.ca | <http://www.randstad.ca>

SSCOPE Inc.

1466 Arlington Street
(204) 987-6300
www.sscope.org

Staffmax Staffing and Recruiting

454-167 Lombard Avenue
(204) 956-7090
www.staffmax.ca

Talentcor

102-226 Osborne Street North
(204) 772-5040
www.talentcor.com



The Headhunters Winnipeg
350-530 Kenaston Blvd
(204) 515-0800
<http://www.theheadhunters.ca>

Westwood Employment Link
200-5 Donald Street
(204) 453-8381
www.westwoodemployment.com

Trades Labour Corporation
405A Ellice Avenue
(204) 943-0055
www.tradeslabour.com

Winnipeg Help-All
605 Main Street
(204) 942-6559

EMPLOYMENT SKILLS TRAINING / VOLUNTEER OPPORTUNITIES

Aboriginal Pre-Placement Training Program
Manitoba Hydro
(204) 360-7282

Ogijiita Pimatiswin Kinamatwin Inc.
571 Selkirk Avenue
204-589-8758
**for Aboriginal ex-offenders and Aboriginal youth*

B.U.I.L.D. (Building Urban Industries for Local Development)
200-765 Main St.
(204) 943-5981

Spark
580 Main Street
(204) 837-7275

Information and Office Administrative Assistant Program (IOAA)
Ka Ni Kanichihk Inc.
455 McDermot Avenue
(204) 953-5820

Volunteer Manitoba
410-5 Donald Street
(204) 477-5180

Manitoba Youth Transitional Employment Assistance and Mentorship (MYTEAM)
Ka Ni Kanichihk Inc.
109-383 Provencher Blvd.
(204) 942-4216

Winnipeg Harvest
1085 Winnipeg Avenue
(204) 982-3663
**Safe Food Handling, Fork Lift training, Reception/Admin Training opportunities*

ESSENTIAL SKILLS & LITERACY

Essential Skills Manitoba
225-111 Lombard Avenue
204-282-9980

LiteracyWorks
2nd Floor, 510-330 Portage Avenue
(204) 784-5502

Literacy Partners of Manitoba
905 Ellice Avenue
(204) 947-5757

One88
188 Princess Street
(204) 504-8118



Workplace Education Manitoba

1000 Waverley Street
(204) 272-5030

EDUCATION (HIGH SCHOOL, ACADEMIC UPGRADING)

Aboriginal Community Campus

*Centre for Aboriginal Human Resource
Development Inc. (CAHRD)*
403-181 Higgins Avenue
(204) 989-8860

Adult Education Centres

1240 Main Street
(204) 953-0818

Adult Learning Centre

Red River College
2055 Notre Dame Avenue, Room 115, Building F
(204) 632-3787

Crossroads Learning Centre

Unit H - 2211 McPhillips Street
(204) 953-2030

Faith Learning Centre

Union Gospel Mission
220 Pritchard Avenue
(204) 586-1416

Horizons Learning Centre - Crossways

Lower Level, 222 Furby Street
Phone: (204) 775-8486

Horizons Learning Centre - Elmwood

Unit G - 431 Thames Avenue
Phone: (204) 772-1234

Horizons Learning Centre - Newport Centre

2nd Floor, 330 Portage Avenue
Phone: (204) 943-1229

Jobworks Adult Learning Centre

1175 Pembina Hwy
(204) 453-8351

Kaakiyow Li Moond Likol Adult Learning Centre

510 King Street
(204) 582-9579

Louis Riel Institute Adult Learning Centre

103-150 Henry Avenue
(204) 984-9480

McLeod Adult Learning Centre

River East Transcona School Division
530 McLeod Avenue
(204) 667-6193

Neeginan College of Applied Technology

*Centre for Aboriginal Human Resource
Development Inc. (CAHRD)*
Room 304 - 181 Higgins Avenue
(204) 989-7110

Seven Oaks Adult Learning Centre

950 Jefferson Avenue
(204) 632-1716

St. Norbert Adult Education Centre

Suite A-35 De La Digue Avenue
(204) 261-3312

St. Vital Adult Education Centre

533A St. Anne's Road
(204) 254-1618

Stevenson Britannia Adult Learning Centre

1 Braintree Crescent (Lower Level Jameswood
School)
(204) 837-3521

Taking Charge!

276 Colony Street
(204) 925-1100

**Women and Single Parents*



Transcona Adult Learning Centre
River East Transcona School Division
130 Regent Avenue East
(204) 667-6193

Urban Circle Training Centre Inc.
519 Selkirk Avenue
(204) 589-4433

Winnipeg Adult Education Centre
310 Vaughan Street
(204) 947-1674

Yellowquill College
480 Madison Street
(204) 953-2800

EDUCATION (POST-SECONDARY, TECHNICAL TRAINING, CONTINUING EDUCATION, TRADES)

CDI College
280 Main Street
(800) 675-4392

Patal Vocational Schools
5th Floor, 319 Elgin Avenue
(204) 944-8202

UFCW Training Centre
1412 Portage Avenue
(204) 786-5055

Urban Circle Training Centre Inc.
519 Selkirk Avenue
(204) 589-4433

Wii Chiiwaakanak Learning Centre
University of Winnipeg
509-511 Ellice Avenue
(204) 789-1454

Yellowquill College
480 Madison Street
(204) 953-2800

ENGLISH AS AN ADDITIONAL LANGUAGE

Enhanced English Skills for Employment
15th Floor, 275 Portage Avenue
(204) 927-4375
** For immigrants who have education and experience in professions and skilled occupations in business, management or trades.*

The Entry Program
400-259 Portage Avenue
(204) 944-0133

Winnipeg English Language Assessment and Referral Centre (WELARC)
400-275 Portage Avenue
(204) 943-5387

FINANCIAL SERVICES, STARTING A BUSINESS

Citizens' Bridge
204-765 Main Street
(204) 586-9853
** Bank accounts, financial literacy*

Credit Counselling Society
611-428 Portage Avenue
(888) 527-8999



SEED Winnipeg Inc.

80 Salter Street

(204) 927-9935

** Starting your own business, savings program,
financial literacy*

Tribal Wi Chi Way Win Capital Corporation

419 Notre Dame Avenue

(204) 943-0888

** Financial services; business services*

YMCA-YWCA Business Training Centre

(204) 989-5860

** Starting your own business*

INDIVIDUAL & FAMILY COUNSELLING

Anishinabe Fellowship Centre

287 Laura Street

(204) 942-8682

Aurora Family Therapy Centre

University of Winnipeg

515 Portage Avenue (Sparling Hall, 2nd Floor)

(204) 786-9251

Canadian Mental Health Association

930 Portage Avenue

(204) 982-6100

Family Dynamics

401-393 Portage Avenue

(204) 947-1401

Ikwe Widdjiitiwin

(800) 362-3344

Immigrant Women's Association of Manitoba

108-424 Logan Avenue

(204) 414-9452

Ka Ni Kanichihk Inc.

455 McDermot Avenue

(204) 953-5820

Klinic Community Health Centre

870 Portage Avenue

545 Broadway Avenue

(204) 784-4090

Ma Mawi Wi Chi Itata Centre Inc.

443 Spence Street

(204) 925-0348

Men's Resource Centre

115 Pulford Street

(204) 415-6797

North Point Douglas Women's Centre

221 Austin Street North

(204) 947-0321

NorWest Co-op Community Health

785 Keewatin Street

(204) 938-5900

Pregnancy and Family Support Services

555 Spence Street

(204) 775-9934

Sara Riel Inc.

66 Moore Avenue

(204) 237-9263

The Laurel Centre

104 Roslyn Road

(204) 783-5460



ADDICTIONS COUNSELLING

Addictions Foundation of Manitoba

1031 Portage Avenue
(204) 944-6200

Alcoholics Anonymous

1856 Portage Avenue
(204) 942-0126

Andrews Street Family Centre

220 Andrews Street
(204) 589-1721

Cari Methadone Program

3rd Floor, 333 Maryland Street
(204) 784-2840

Native Addictions Council of Manitoba

160 Salter Street
(204) 586-8395

The Salvation Army: Anchorage

180 Henry Avenue
(204) 946-9401

Teen Challenge of Central Canada

414 Edmonton Street
(204) 949-9484

Union Gospel Mission

320 Princess Street
(204) 943-9904

FAMILY SUPPORT

Better Fathers Inc.

749 Ellice Avenue
(204) 782-7987

Big Brothers Big Sisters of Winnipeg

765 Portage Avenue
(204) 988-9200

Child and Family All Nations Coordinated Response Network (ANCR)

835 Portage Avenue
(204) 944-4200

Child and Family Services

Various office locations

<http://www.gov.mb.ca/fs/childfam/cfsagencies.html>

Child Protection Branch

201-114 Garry Street
(204) 945-6964
(204) 944-4050 (Crisis Line 24/7: emergency calls only)

Crisis Pregnancy Centre of Winnipeg

650 Broadway Avenue West
(800) 665-0570

Domestic Violence Support Program

1410-405 Broadway
(866) 4VICTIM ((866) 484-2846)

Family Dynamics

401-393 Portage Avenue
(204) 947-1401

Family Support Centre

650 Broadway Avenue West
(204) 786-1502

Healthy Start For Mom and Me

2nd Floor, 400 Edmonton Street
(204) 949-5350

Ikwe Widdjiitwin

(800) 362-3344



Metis Child, Family and Community Services Agency

2000 Portage Avenue
(204) 927-6960

100 Sutherland Avenue
(204) 697-1118

New Directions

400-491 Portage Avenue
(204) 786-7051

Society 2000 Inc.

Earl Grey Community Centre
360 Cockburn Street N
(204) 452-2074

South Winnipeg Family Information Centre

Lower Level, 800 Point Road
(204) 284-9311

SOCIAL SUPPORT, PEER SUPPORT

Al-Anon/Alateen Central Services

107-2621 Portage Avenue
(204) 943-6051

Independent Living Resource Centre

311A-393 Portage Avenue
(204) 947-0194

Initiatives for Just Communities

302-1200 Portage Avenue
(204) 925-1928

Inner City Women's Ministries International Inc.

270 Center Avenue (Blumenort, MB)
(204) 783-3215

New Realities

Wolseley Family Place
Lower Level, 691 Wolseley Avenue
(204) 788-8052

One88

188 Princess Street
(204) 504-8118

Turning Leaf Inc.

2nd Floor, 2585 Portage Avenue
(204) 221-5594

CRISIS SUPPORT

Crisis/Suicide Line

(204) 786-8686
(888) 322-3019 (Toll Free)

Ikwe Widdjiitiwin

Crisis Line: (800) 362-3344

Manitoba Domestic Abuse Crisis Line

(877) 977-0007

Manitoba Suicide Line

(877) 435-7170

Mental Health Crisis Response Centre

Mobile Crisis Service
817 Bannatyne Avenue
Crisis Line: (204) 940-1781

Sexual Assault Crisis Line

(204) 786-8631
(888) 292-7565 (Toll Free)

TTY Deaf Access Counselling

(204) 784-4097



HEALTH AND WELLNESS

**Aboriginal Health & Wellness Centre of
Winnipeg, Inc.**

215-181 Higgins Avenue
(204) 925-3700

Canadian Mental Health Association

930 Portage Avenue
(204) 982-6100

Eyaa-Keen Healing Centre Inc.

547 Notre Dame Avenue
(204) 783-2976

Family Support Centre

650 Broadway Avenue West
(204) 786-1502

Health Links

(888) 315-9257

Immigrant Women's Association of Manitoba

108-424 Logan Avenue
(204) 414-9452

Ka Ni Kanichihk Inc.

455 McDermot Avenue
(204) 953-5820

Klinik Community Health Centre

870 Portage Avenue
(204) 784-4090

Mount Carmel Clinic

886 Main Street
(204) 582-2311

Nine Circles Community Health Centre

705 Broadway Avenue
(204) 940-6000

YMCA-YWCA Mental Health Services

Learning and Leisure Program
(204) 989.5877

PERSONAL CARE

Eyeglasses

Lions Eye Bank
320 Sherbrook Street
(204) 772-1899

Haircuts

Siloam Mission
300 Princess Street
(204) 956-4344
** Only available when a volunteer is available*

Oak Table Community Ministry
109 Pulford Street
(204) 284-2250 ext. 3

Personal Hygiene Products

One88
188 Princess Street
(204) 504-8118

Siloam Mission
300 Princess Street
(204) 956-4344

Residential/Homecare Support

Changes
959 Portage Avenue
(204) 953-5075



TATTOO REMOVAL

Bionic Tattoo Removal

796 Stewart Street
(204) 219-5669

Osborne Village Ink

188 Osborne Street
(204) 453-4850

Dr. Earl Minuk's Laser, Skin & Hair Centre

932 Grosvenor Avenue
25-166 Meadowood Drive
(204) 957-7242

TattooTimeMachine.ca

729 Corydon Avenue, Unit C
(204) 894-4092

ADVOCACY

Community Unemployed Help Centre

501-275 Broadway
(204) 942-6556

**Advocates for people having problems with E.I., provides E.I. information to the public*

Residential Tenancies Branch (Government of Manitoba)

302-254 Edmonton Street
(204) 945-2476

** Tenant rights, resolving landlord-tenant disputes*

Employment Standards

(204) 945-3352

** Addresses the rights and responsibilities of most employees and employers in Manitoba*

Social Services Appeal Board

7th Floor, 175 Hargrave Street
(204) 945-3005

Manitoba Human Rights Commission

700-175 Hargrave Street
(204) 945-3007

** Responsible for carrying out the provisions of The Human Rights Code.*

LEGAL ASSISTANCE

Aboriginal Court Work Program

3rd floor, 408 York Avenue
(204) 945-1226
(204) 945-1938
(204) 945-1939

Community Legal Education Association

205-414 Graham Avenue
(204) 943-2382

Aboriginal Law Centre

415-294 Portage Avenue
(204) 985-5230

Elizabeth Fry Society of Manitoba

544 Selkirk Avenue
(204) 589-7335

Legal Aid Manitoba

100-287 Broadway Avenue
(204) 985-8500



Legal Help Centre

200-393 Portage Avenue
(204) 258-3096

Metis Justice Institute

Manitoba Metis Federation
150 Henry Avenue
(204) 949-9557

Onashowewin Inc.

101-720 Broadway Avenue
(204) 336-3600

Public Interest Law Centre

Legal Aid Manitoba
300-287 Broadway Avenue
(204) 985-8540

Restorative Resolutions

The John Howard Society of Manitoba
583 Ellice Avenue
(204) 945-8581

The Salvation Army Correctional and Justice Services

2nd Floor, 324 Logan Avenue
(204) 949-2100

PAROLE, PROBATION & PARDON SERVICES

Adult Probation Services

Government of Manitoba
810-405 Broadway Avenue
(204) 945-0882

Osborne CCC

1048 Main Street
(204) 983- 2317

Pardon Services Enterprises Manitoba

103-B Scurfield Blvd.
(204) 453-0099

Pardons Canada

(204) 818-8900
<http://www.pardons.org/>

Parole Board of Canada

Record Suspensions (Pardons)
410 Laurier Avenue West, Ottawa, ON
(800) 874-2652

Parole Board of Canada

Prairies Regional Office (Saskatchewan and Manitoba)
101-22nd Street East, 6th Floor, Saskatoon, SK
(306) 975-4228

Winnipeg Parole

102-123 Main Street
(204) 983-4306

