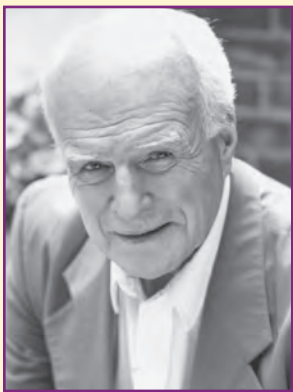


Celebrating 100 years of community partnerships

Tuesday, November 16

9:00 a.m. Conference Opening

Opening Keynote: Epigenetics: A Revolution in Understanding Child and Youth Development



Dr. Fraser Mustard will discuss cutting-edge, research break-throughs that are transforming our understanding about how social environments shape the genetics and life course development of children and youth, from pre-conception to adulthood, and across generations. He will share the implications of this scientific revolution for policy, practice, and community development for our youngest citizens.

Speaker: Dr. Mustard is a tireless advocate nationally and internationally of the importance of early brain development for health, behaviour, learning, and quality of life. He has had a profound influence on the early year's agenda in Manitoba and we are delighted to welcome him to speak at this Anniversary Forum, to reflect on our past and challenge us for the future.

Throughout his career, Fraser Mustard has influenced health policy in Canada by serving on many federal and provincial committees, councils and royal commissions. He has received many awards and honorary degrees and is a Companion of the Order of Canada and a Laureate of the Canadian Medical Hall of Fame.

Fraser Mustard's many accomplishments have relied on his outstanding ability to establish connections, networks and interdisciplinary research. Those who have worked with him are awed by his energy, vision, insight, and leadership ability.

November 16th and 17th, 2010 - Fort Garry Place



10:45 a.m.

A Decade of the Healthy Child Manitoba Strategy: What Have We Learned from Evidence and Experience?



Dr. Rob Santos will provide a ten-year overview of how well Manitoba is serving its children and youth and will discuss the next steps to improving the lives of children and families in Manitoba.

Speaker: Dr. Rob Santos is the Scientific Director and Senior Policy Advisor at the Healthy Child Manitoba Office (HCMO), Healthy Child Committee of Cabinet, Government of Manitoba, and advises several federal/provincial/territorial and national initiatives for children and youth. Rob has a Ph.D. in Clinical Psychology from the University of Manitoba, specializing in community psychology, child development, population health, and prevention science and policy. He is also a Research Scientist at the Manitoba Centre for Health Policy, and an Assistant Professor in the Department of Community Health Sciences, Faculty of Medicine, University of Manitoba.

Looking Back – Looking Forward

A panel of Manitoba leaders from various sectors will respond to the keynote presentations and provide their perspectives on what we have accomplished as a Province and where we need to focus our energies in the decade ahead.

Tuesday, November 16th

Afternoon Workshops 1:30 – 2:45 p.m.

Workshop 1A

Topic: Messages From the Heart

Presenter: Dr. Margo

Workshop 1B

Topic: The Network – Bridging the Divide between Education and Early Learning & Care.

Presenters: Carolyn Duhamel, Manitoba School Boards Association
Don Giesbrecht, Canadian Child Care Federation
Pat Wege, Manitoba Child Care Association

Description: The newly formed Canadian Network for Leadership in Education and Early Learning & Care seeks to provide a forum for respectful dialogue and collaboration between these two traditionally separate sectors to promote early human development and healthy communities for the benefit of children and families in Canada. Join a group of Manitoba members of this national Network to discuss the need to work collaboratively to ensure high quality, developmentally appropriate, child-centered learning and care for young children.

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Workshop 1C

Topic: Youth Mental Health

Presenter: Vycki Atallah, Teen Talk

Description: Youth Mental Health Workshop – This workshop will discuss how Teen Talk helps youth to understand mental health and recognize symptoms of various mental illnesses and issues through stories. This workshop will give services providers a greater understanding about the myths associated with mental health and suicide. Coping strategies that cause harm and positive coping strategies will be discussed as well as treatment options and where youth can go for help.

Workshop 1D

Topic: Promising Practices Working with Newcomer Families

Presenters:

Description: A panel of community organizations will present on current programs that address cultural aspects of parenting and provide newcomer parents with support and education in their adaptation to living in Canada. Strategies demonstrating effective approaches in working cross-culturally will be highlighted, incorporating a discussion of strengths and challenges.

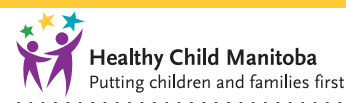
Workshop 1E

Topic: Towards Flourishing: Staying Mentally Healthy During the Early Years

Presenters: Marion Cooper, Team Manager, Mental Health Promotion, Winnipeg Regional Health Authority
Marianne Chartier, Research Scientist, Healthy Child Manitoba

Description: Mental health is the capacity of each and every one of us to feel, think and act in ways that enhance our ability to enjoy life and deal with the challenges we face. In this workshop, we will describe the Towards Flourishing project which aims to improve mental health among women with young children. We will discuss dimensions of mental well-being and explore simple everyday activities that parents might consider to maintain a positive mental health.

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Workshop 1F (3 hour workshop)

Topic: Building Resilience: Using a Relational and Strengths Based Approach with Children and Youth.

Presenter: Stephen de Groot, Clinical and Organizational Consultant, MYRIAD Consultation and Counseling

Description: Parents, caregivers and helpers have an important role in developing resiliencies in children and youth. This task is exceedingly critical in the context of rearing children and youth who have a variety of social, emotional and/or cognitive challenges. This seminar will explore the concept of resiliency and emphasize the importance of utilizing a relational and strengths based approach for supporting children and youth, on their unique developmental journeys. Participants will have the opportunity to learn about relational and strengths based care giving practice, including techniques that promote safety, value and direction for children and youth. Discussion will include effectively approaching children and youth who may be affected by neurodevelopmental differences. Practical applications for understanding and dealing effectively with challenging child and youth behaviours will be provided and represent an important element of the seminar.

2:45 – 4:30 p.m. – Community Carousel

This session will provide an informal opportunity for conference participants to learn more about innovative services and resources available from a variety of community and government organizations. Delegates will rotate through 6-7 kiosks for a brief overview of programs and initiatives, and take away valuable resources and contact information.

Presentations will span the age range from pre-natal to youth, and will focus on Positive Parenting, Nutrition and Physical Health, Literacy and Learning, and Community Capacity

6:00 p.m. Celebration Dinner

It's A Party!!

Celebrating You – our Community Partners; and Honouring our Champions

Join us Tuesday for an Anniversary Celebration as we acknowledge the dedication and passion of our community partners, including local champions who have been nominated by their colleagues – people whose energy and commitment have made a difference in the lives of children and families.

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Wednesday, November 17

9:00-11:00 a.m. Morning Keynotes:

The First "R": Relationships- How Love Builds Brains:



Dr. Jean Clinton is an Associate Clinical Professor, Department of Psychiatry and Behavioural Neuroscience at McMaster University, Division of Child Psychiatry.

Dr. Clinton is renowned locally, provincially, nationally and internationally as an advocate for children's issues. Her special interest lies in brain development, and the crucial role relationship and connectedness play therein. She speaks to many groups, advocating the importance of relationships, early child development and brain development, parenting and asset building.

Jean champions the development of a system of early learning and child care for all young children, which she believes plays a vital role in promoting healthy human development. She is equally committed to ensuring that children's and youths' needs and voices are heard and respected and she actively promotes the celebration of National Child Day.

Kernels for Life: Prevention Science for Children and Youth



Dennis D. Embry, Ph.D., is the CEO/president of PAXIS Institute in Tucson, Arizona;

Dr. Embry is a developmental and child psychologist with a focus on prevention of health, safety, substance abuse, violence and mental illness among children. His recent prevention work focuses on low-cost evidence-based kernels and behavioral vaccines which are easy, make common sense, conserve our fiscal resources in tight, difficult times and provide protection as well.

Dr. Embry often uses his own personal history of overcoming family and personal risk factors to illustrate how children who are written off can rise to do great things in the world. He is the author of more than 40 books and training materials for science-based prevention of children's injuries, parenting and family difficulties, violence, substance abuse and mental health and on positive youth and child development. Dr. Embry and his colleagues have recently completed the first prevention project with a scientific evaluation of success across states.

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Meet the Speakers

Following the morning break, **Dr. Clinton** and **Dr. Embry** will be available in separate sessions for additional dialogue with conference participants.

12:30 p.m. Luncheon Closing Keynote with Stephen Lewis

A Child and Youth Centred Society – A Call to Action for Manitoba

Internationally recognized human rights champion, Stephen Lewis will speak on the moral imperative of putting children and families first in policy-making and in society. If you were fortunate enough to hear him speak at the National Child Care Conference in 2004, you know you want to hear him again. If you have never had the opportunity, don't miss your chance. Stephen is an extraordinary speaker with a message for every one of us. You are encouraged to bring a friend...especially one who doesn't know the children's agenda, like you do. Let's fill the room with "unusual suspects" and spark a new level of dialogue and understanding.



Stephen Lewis is a Distinguished Visiting Professor at Ryerson University. He is Chair of the Board of the Stephen Lewis Foundation in Canada (www.stephenlewisfoundation.org) and Co-director of AIDS-Free World in the United States.

Stephen Lewis' work with the United Nations spanned more than two decades. He was the UN Secretary-General's Special Envoy for HIV/AIDS in Africa from June 2001 until the end of 2006. From 1995 to 1999, Mr. Lewis was Deputy Executive Director of UNICEF at the organization's global headquarters in New York. From 1984 through 1988, Stephen Lewis was Canada's Ambassador to the United Nations.

Mr. Lewis was an elected member of the Ontario Legislative Assembly from 1963 to 1978. In 1970, he became leader of the Ontario New Democratic Party, during which time he became leader of the Official Opposition.

Mr. Lewis is the author of the best-selling book, *Race Against Time*. He holds 32 honorary degrees from Canadian universities and is a Companion of the Order of Canada, Canada's highest honour for lifetime achievement.

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