

**GUIDELINE TITLE**

***EXPENSES - UNINSURED MEDICAL EXPENSES OF  
RESIDENT/PANELED PATIENT OR SPOUSE***

**GUIDELINE #7**

The Board has the discretion to grant relief for medical expenses for the Appellant and spouse that have not been paid for by Manitoba Health.

a) **Eligible expenses:**

Costs in excess of the amounts covered by Manitoba Health or recoverable under private insurance (e.g., Blue Cross) or other sources (e.g., Third Party) for items purchased in the 12 months immediately preceding the effective date of the authorized charge and up to the date of the hearing of the appeal (expense period), provided that an allowance has not been previously granted for the same item(s) on a past appeal.

***Appendix A*** sets out a non-inclusive list of items to be considered as eligible expenses.

***Appendix B*** sets out a non-inclusive list of ineligible expenses.

Generally, no relief will be granted for items which are identified as being needed in the future but have not yet been purchased but the Board has the discretion to grant relief in exceptional circumstances.

b) **Documentation:**

Wherever possible, the Appellant or his/her representative must submit receipts for purchases and a statement of recoverables regarding amounts paid by Manitoba Health, Blue Cross, etc.