

Please call programs to determine which supports and services may be available in your neighbourhood or community



HEALTHY BABY

Rural and Northern Community Support Programs

- Support Before and After Your Baby is Born • Parenting Tips • Nutrition Activities
- Bonding With Your Baby • Milk Coupons • Bus Tickets

Prairie Mountain:

Prairie Mountain Health
Healthy Baby
1-204-578-2545

Baby's r Us
Dauphin
1-204-638-5707

Southern:

Southern Health-Santé Sud
Healthy Baby

East
1-204-346-6696

West
1-204-822-2632
1-204-822-2631

Bébés en Santé
204-237-9666
Extension 216
(Services in French)

Interlake-Eastern:

Our Time
1-866-211-1703

West
1-204-785-7708

East
1-204-345-0284
1-204-345-0290

Whole Baby Love
Selkirk
1-204-785-8218

Northern:

Healthy Baby
and Healthy Mom
Outside Thompson
1-204-617-7991

**Best Beginnings,
Baby & Me**

The Pas
1-204-623-1023

Flin Flon
1-204-687-6183

Cranberry Portage
1-204-472-3671
1-204-623-1023